

WHAT SHOULD I STOCK IN MY HOUSE IN CASE OF AN EMERGENCY?

Regardless of the Coronavirus threat, one should always be prepared emergency supplies at home.

Make sure your emergency kit is stocked with the items on the checklist below. Most of the items are inexpensive and easy to find, and any one of them could save your life. Once you take a look at the basic items, consider what unique needs your family might have, such as supplies for kids, or seniors.

During an emergency, you may need to survive on your own for several days. Being prepared means having your own food, water and other supplies to last for a period of time. An emergency supplies kit is a collection of basic items your household may need in the event of an emergency.



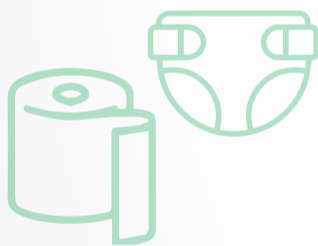
Medical supplies for specific family members.



A first aid kit with other important items



Personal & Feminine hygiene products.



Diapers and Toilet paper



Non-perishable food items



Drinking water

OTHER IMPORTANT INFORMATION



Contact details of the nearest hospital.



Contact details your local Jamaat medical board.



Follow your local news regularly



Ignore what's app forwards



DO NOT PANIC



DO NOT BULK BUY